

## THE IMPORTANCE OF MOBILITY CANNOT BE UNDERESTIMATED.

As one of San Diego's most successful orthopedic surgeons, Dr. Harish Hosalkar is determined to ensure that all his patients remain as functional and mobile as possible.

"Life is motion and motion is life," he says. "The human body wasn't meant to be motionless." Motivated by this philosophy, Dr. Hosalkar combines leading-edge techniques with traditional methods to help his patients achieve functional improvement and a pain-free quality of life.

Renowned in his field, Dr. Hosalkar brings 24 years of expertise to his practice and an unsurpassed level of compassion to his patients. Voted as one of San Diego's "Top-Doctors" by his peers, Dr. Hosalkar specializes in traumatology, fracture care, joint preservation and reconstruction, limb lengthening, deformity correction, children's orthopedics, and neuromuscular conditions including traumatic brain injury, stroke, paraplegia, hemiplegia, and spastic disorders.

As the director of the Traumatic Brain Injury and Deformity Correction Program at Paradise Valley Hospital's Spine & Joint Center, and the lead orthopedic surgeon for neuromuscular conditions at Scripps Health, Dr. Hosalkar has earned a reputation for exemplary work in the challenging world of traumatic brain injury. The Hosalkar

Institute for Joint Prevention and Injury Care is a tertiary referral center for California and the western states. He has established himself as a sought-after surgeon for extremely challenging cases through success stories like that of Peter Sroka, rendered quadriplegic following a traumatic brain injury, now able to stand and function, and Bobbie Bogden, a car accident survivor who suffered deformities in his upper and lower extremities and spent six weeks in a coma. Thanks to multiple surgeries with Dr. Hosalkar, Bobbie has regained full function in all extremities and is able to walk without braces, leading close to a normal life.

Affiliated with multiple hospital systems in San Diego, including Scripps, Sharp, Paradise Valley Hospital, and Tri-City Medical Center, and board certified in the United States and India, Dr. Hosalkar's professionalism and dedication to exceptional practice in orthopedic medicine is far reaching. He is the immediate past president of the Orthopedic Rehabilitation Association, an advisory board member with the San Diego Brain Injury Foundation, and a frequent volunteer in underprivileged countries around the world—allowing him to fulfill his mission of fostering optimal care of musculoskeletal problems in pediatric, adult, and geriatric patients far and wide.

"Picasso said, 'The meaning of life is to find your gift. The purpose of life is to give it away,'" Dr. Hosalkar says. Through his national and international patient care, Dr. Hosalkar's gift of orthopedic medicine gives the gift of motion to people in need all across the globe.

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